



NHC Healthy Living Challenge
February 17 to April 12, 2020
TEAM REGISTRATION

This form should be completed by the Team Captain. Teams should be a minimum of two and a maximum of six people.

Team Information

Team Name _____ Team Captain's Name _____

Team Member #1 (Team Captain) _____

Team Member #2 _____

Team Member #3 _____

Team Member #4 _____

Team Member #5 _____

Team Member #6 _____

Registration forms and payments can be returned to:

Northland Health Centers

c/o Melissa Thury

PO Box 535

Turtle Lake, ND 58575

Post marked no later than Wednesday, February 12, 2020

TEAM CAPTAIN INFORMATION

- Team Captain **MUST** return registration forms, team roster, and participation fees (\$10/person) to any Northland Health Centers location or to the address below no later than Wednesday, February 12th, 2020 at noon. **Please return all together.**
- If a Team Member stops participation, notify Melissa Thury immediately. That individual will be removed from the team roster at the beginning of the following challenge week, and activity points will no longer factor into team totals. If notified mid-week, that Team Member will still be counted for the challenge week.
- Team Captain will be responsible for reporting total team points by Tuesday at 2pm through an online reporting tool. If points are not reported by this time, points will not be counted toward team total for the grand prize.
- Team Captains will be added to the Facebook group <https://www.facebook.com/groups/nhchealthyiving/> by Melissa Thury. Team Captains will be responsible for adding Team Members to the group.
- Information will be available and shared through the Facebook group and www.northlandchc.org/health-challenge. Additional information may be emailed to Team Captain's only. It is the responsibility of the Team Captain to share that information with the team.
- Individual participants will be responsible to submit BINGO cards for weekly prizes.
- Top three teams will be paid. Payments will be issued to the Team Captain as a check. It is at Team Captain discretion to distribute money to Team Members.

Questions or Comments can be sent to:
Melissa Thury, Special Projects Coordinator
mthury@northlandchc.org
(701) 448-2054